



Mercer County

Children's Medical Daycare

# Press Release

[www.childrensmedicaldaycare.com](http://www.childrensmedicaldaycare.com)

October 28, 2004

## Asthma Training at Daycare

HAMILTON, NJ — Patricia Nelson-Johnson, Director of the Trenton Childhood Asthma Project (TCAP), conducted the annual asthma management and education training program for the staff at Mercer County Children's Medical Daycare in Hamilton, New Jersey. TCAP strives to reduce childhood asthma through the development of



community partnerships and improve the ability of children and families to conduct asthma self-management in collaboration with their regular physician. The staff at the center received their annual training on how to identify Asthma symptoms, learn the triggers of these symptoms, how to care for a child having an asthmatic attack, and how to work together with families to reduce the number of incidences that lead to emergency room visits. "Asthma disproportionately affects minority children, urban residents, and the poor," Mayor Douglas Palmer said. "We had more than 600 visits to Capital Health Systems' emergency rooms by children during 2001. We can change that."

Bringing awareness to families with children diagnosed with asthma is the first step to managing the condition. It is critical for community providers and parents to develop a plan to enable all families to adhere to their plan through the parent component of an asthma action plan.

"Partnering with organizations like TCAP, and providing cutting edge asthma management care have benefitted dozens of children at the center who are diagnosed with asthma, said Paula Doty, RN and Assistant Director of the program. "We've seen a marked decrease in the number of emergency room visits and hospitalizations caused by asthma from the time that children enroll in our center."

For more information, contact Paula Doty at (609) 631-9340 or Patricia Nelson Johnson, Director of Trenton Childhood Asthma Project (609) 989-3636 extension 143.